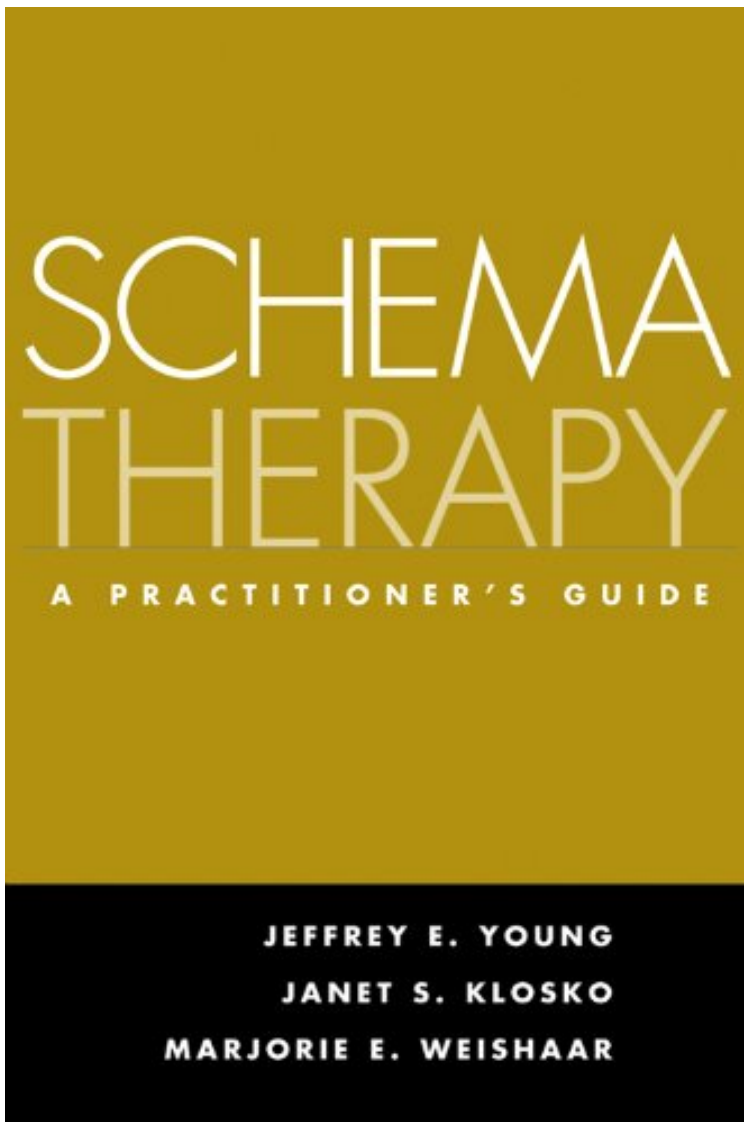


(Free pdf) File size: 52.Mb

# Schema Therapy: A Practitioner's Guide



*Par Jeffrey E. Young, Janet S. Klosko,  
Marjorie E. Weishaar  
\*Download PDF | ePub | DOC |  
audiobook | ebooks*

Dtails sur le produit Rang parmi les ventes : #271427 dans eBooksPubli le: 2006-11-03Sorti le: 2006-11-03Format: Ebook Kindle

(Free pdf) Schema Therapy: A Practitioner's Guide

**Par Jeffrey E. Young, Janet S. Klosko, Marjorie E. Weishaar : Schema Therapy: A Practitioner's Guide** before purchasing it in order to gage whether or not it would be worth my time, and all praised Schema Therapy: A Practitioner's Guide:

Download

Read Online

## Description :

Prsentation de l'diteurDesigned to meet the formidable challenges of treating personality disorders and other complex difficulties, schema therapy combines proven cognitive-behavioral techniques with elements of other widely practiced therapies. This book--written by the model's developer and two of its leading practitioners--is the first major text for clinicians wishing to learn and use this popular approach. Described are innovative ways to rapidly conceptualize challenging cases, explore the client's childhood history, identify and modify self-defeating patterns, use imagery and other experiential techniques in treatment, and maximize the power of the therapeutic relationship. Including detailed protocols for treating borderline personality disorder and narcissistic personality disorder, the book is illustrated with numerous clinical

examples.