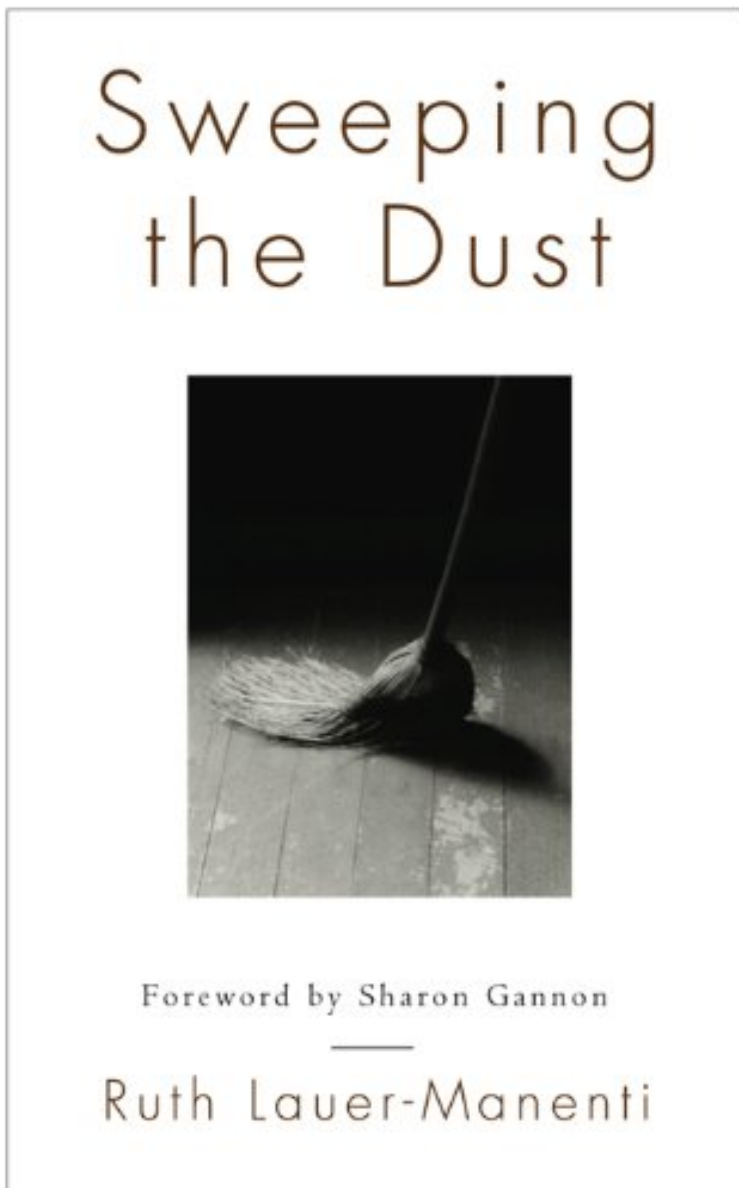


(Free download) File size: 16.Mb

# Sweeping the Dust (English Edition)



*Par Ruth Lauer-Manenti*  
DOC | \*audiobook | ebooks | Download  
PDF | ePub

Dtails sur le produit Rang parmi les ventes : #1019173 dans eBooksPubli le: 2010-08-17Sorti le: 2010-08-17Format: Ebook Kindle

(Free download) Sweeping the Dust (English Edition)

**Par Ruth Lauer-Manenti : Sweeping the Dust (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sweeping the Dust (English Edition):

 Download

 Read Online

## Description :

Prsentation de l'diteurIn this book, a companion to An Offering of Leaves, much-loved Jivamukti Yoga teacher Ruth Lauer-Manenti (Lady Ruth) offers over forty more of the dharma talks that she gives at the beginning of each yoga class. Her reflectionscomplete with the Sanskrit verses that are the source of her studies, as well as the English transliteration and translationare at once poignant and practical, and both minutely observed and expansive in their implications for our inner and outer lives. These teachings on yogic principles open up the emotional and spiritual pathways that allow us to deepen our yoga practice and go to the essence of the ancient wisdom contained within.Prsentation de l'diteurIn this book, a companion to

An Offering of Leaves, much-loved Jivamukti Yoga teacher Ruth Lauer-Manenti (Lady Ruth) offers over forty more of the dharma talks that she gives at the beginning of each yoga class. Her reflections complete with the Sanskrit verses that are the source of her studies, as well as the English transliteration and translation are at once poignant and practical, and both minutely observed and expansive in their implications for our inner and outer lives. These teachings on yogic principles open up the emotional and spiritual pathways that allow us to deepen our yoga practice and go to the essence of the ancient wisdom contained within.