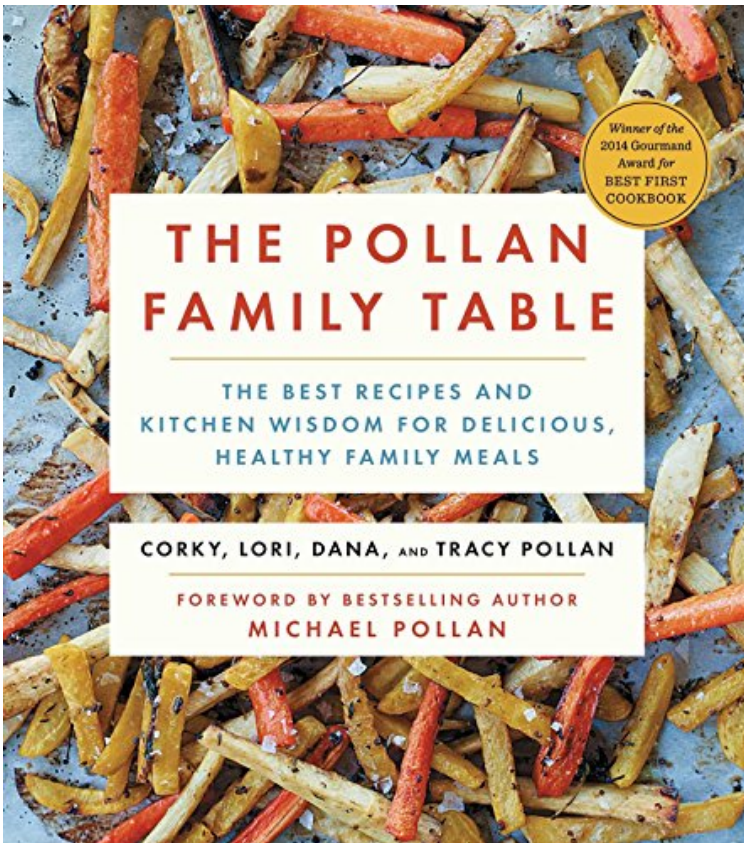


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The Pollan Family Table: The Very Best Recipes and Kitchen Wisdom for Delicious Family Meals (English Edition)



Par Corky Pollan, Lori Pollan, Dana Pollan, Tracy Pollan
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Par Corky Pollan, Lori Pollan, Dana Pollan, Tracy Pollan : The Pollan Family Table: The Very Best Recipes and Kitchen Wisdom for Delicious Family Meals (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Pollan Family Table: The Very Best Recipes and Kitchen Wisdom for Delicious Family Meals (English Edition):

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Description :

Prsentation de l'diteurA BookPage Best Cookbook of 2015 Winner of the Gourmand International Cookbook Award 2015, Best in the World, Best First Cookbook A gorgeous, fully illustrated collection of recipes, cooking techniques, and pantry wisdom for delicious, healthy, and harmonious family meals from the incredible Pollan familywith a foreword by Michael Pollan.In The Pollan Family Table, Corky, Lori, Dana, and Tracy Pollan invite you into their warm, inspiring kitchens, sharing more than 100 of their familys best recipes. For generations, the Pollans have used fresh, local ingredients to cook healthy, irresistible meals. Michael Pollan, whose bestselling books have changed our culture and the way we think about food, writes in his foreword about how the family meals he ate growing up shaped his worldview. This stunning and practical cookbook gives readers the tools they need to implement the Pollan food philosophy in their everyday lives and to make great, nourishing, delectable meals that bring families back to the table. Standouts like Grand Marnier Citrus Roasted Chicken, Crispy Parmesan Zucchini Chips, and Key Lime Pie with Walnut Oatmeal Crust are easy to make yet sophisticated enough to dazzle family and friends. With

hundreds of exquisite color photographs, *The Pollan Family Table* includes the Pollans top cooking tips and techniques, time-tested shortcuts, advice for those just starting out and market and pantry lists that make shopping for and preparing dinner stress-free. This instant kitchen classic will help readers create incredible meals and cultivate traditions that improve health, well-being, and family happiness. Extrait *The Pollan Family Table* Revue de presse This is the cookbook of everyones dreams! The Pollan women have written a collection of fresh, delicious recipes that will wow your guests but are simple enough for the busiest weeknight. If you love to find inspiration in cookbooks, you need this in your collection! (Ina Garten, author of the *Barefoot Contessa* cookbooks) The Pollans have hit the ball out of the park with their first book, celebrating deliciously simple and poetically tasty food for my family (and everyone else's) to love every day. The shopping lists are easy and concise, the recipes simple and straightforward, and the photographs drive me insane with the urge to sprint first to the market and then to the kitchen and to start cooking right NOW. I simply cannot wait to cook from this book. (Mario Batali) This wonderful book shows how good food, simply and seasonally prepared, has the power to bring the family back to the table and keep them there! Fast food culture has disconnected us from something so basic to human nature, but when we encounter real and tasty food again, its like coming home." (Alice Waters) "Tracys family set a place for me at the *Pollan Family Table*, over 25 years ago now. This gorgeous book brings to mind so many holiday meals and other family gatherings as well as countless smaller moments when we could have just had a meal on the fly but instead made time to sit together and share. This is what my life tastes like. Enjoy." (Michael J. Fox) "An empowering book and practical guide for home cooks struggling to make healthy and fulfilling sit-down family meals. Showcasing the very best Pollan family recipes, these fresh ideas help families achieve the Common Potan ideal dynamic marked by communal cooking, eating, and laughing together around the family table...the Pollans find inspiration devising a new routine for the family sit-down meal." (Publishers Weekly) A good place to start for young couples beginning to lay the foundations for their own 'family table' traditions. (Wall Street Journal) Good, healthy food is definitely a family affair for the Pollan clan. (USA Today) The ladies new cookbook, *The Pollan Family Table*, features time-honored recipes beloved by the entire clan, plus easy healthy takes on an array of classic dishes. (O, The Oprah Magazine)... *The Pollan Family Table*, a cookbook filled with tried-and-true recipes... (People Magazine) "[*The Pollan Family Table*] inspired by the Pollan tradition for eating fresh and local, shares more than 100 crowd-pleasing dinner dishes, desserts, and snacks the clan have traded among themselves for years." (ELLE Magazine) "The *Pollan Family Table* is a bright and useful new volume for home cooks written by a mother and three daughters who have spent a lifetime making meals together." (Architectural Digest) "Whether youre feeding a crowd or just looking for culinary inspiration... *The Pollan Family Table* offers more than 100 of the clan's favorite recipes, plus advise for newbies. (Shape Magazine) "Gathering the best of their kitchen wisdom, the women teamed up to share their no-fuss, stress-less ways for getting dinner on the table daily plus 100 family-friendly recipes and the sweet stories behind them." (Journal Sentinel) "Wonderful... *The Pollan Family* shares the traditions and recipes that bring them happily together." (Coastal Living) (One) of our favorite recently-published cookbooks. (Ediblefeast.com) This instant kitchen classic will help readers create incredible meals and cultivate traditions that improve health, well-being, and family happiness. (Thedailymeal.com) Everyday American home cooking dishes rich in vegetables, whole grains, and beans, and lower in fat and processed ingredients. (Yahoo Foods Cookbook of the Week) Opening the cookbook by the ladies of the Pollan family actually feels like walking into their kitchen and pulling a chair up to the counter to watch how a family meal comes together. (mindbodygreen.com) If you cherish family meals the way the Pollan family does, you're in for a treat. *The Pollan Family Table* reveals their best recipes for home-cooked and healthy family meals full of fresh and local ingredients. (Kitchendaily.com) "Packed with more than 110 healthy recipes, with the underlying philosophy that family dining reigns...pragmatic dishes, with advice peppered throughout." (Booklist) A collection of more than 100 favorite dishes with practical tips for stress-free dinners." (Better Homes and Garden Magazine) "Lively and healthful...this collection of recipes will be a welcome addition to your repertoire." (Jewish Forward) The ease with which the Pollans approach the concept of family dinners is infectious. (Jewish Woman Magazine)